**Suicide Topic**

**“Paul gets depressed easily and always tries to commit suicide.”**

**Roles and responsibilities**

Prime minister: Pun-Pun

First Deputy prime minister: Intee

Second Deputy prime minister: Andrew

Government whip: Ting-Ting

**Three main points of argument**

1. **Social Anxiety disorder which runs in families can cause a major depression.**

[Social anxiety disorder](http://www.webmd.com/anxiety-panic/tc/social-anxiety-disorder-topic-overview), also called social phobia, is an [anxiety disorder](http://www.webmd.com/anxiety-panic/default.htm) in which a person has an excessive and unreasonable fear of social situations. Anxiety (intense nervousness) and self-consciousness arise from a fear of being closely watched, judged, and criticized by others.

**(n.d.). Social Phobia (Social Anxiety Disorder). National Institute of Mental Health,**

**Retrieved from** <http://www.nimh.nih.gov/health/topics/social-phobia-social-anxiety-disorder/index.shtml>

**(n.d.). Social Anxiety Disorder. WebMD, Retrieved from** <http://www.webmd.com/anxiety-panic/guide/mental-health-social-anxiety-disorder>

 If you have a parent or sibling that has a major depression, you will have more chance to be depressed more than other people that their parent have no depression.

We received gene from our parents including an illnesses. Every cell in the human body contains about 50,000 to 100,000 genes. Genes are located on chromosomes in the nucleus of each cell. If you have a parent or sibling that has had major depression, you may be 1.5 to 3 times more likely to develop the condition than those who do not have a close relative with the condition.

**(2015, December 3).Genetic Causes of Depression. All About Depression, Retrieved from** <http://www.allaboutdepression.com/cau_03.html>

**(n.d.). Major Depression and Genetics. Standford Medicine (Genetics of Brain Function.), Retrieved from** <http://depressiongenetics.stanford.edu/mddandgenes.html>

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1. **Men have more percentage of committed suicide than women because of the hormone.**

**(2015, December 3). Womenhealth.gov. Suicide, Retrieved from**

<https://www.womenshealth.gov/mens-health/top-health-concerns-for-men/suicide.html>

**Hillman, K (2014, November 25). Physicology24. DOES LOW TESTOSTERONE CAUSE DEPRESSION?, Retrieved from** <http://www.psychology24.org/does-low-testosterone-cause-depression/>

**Roth, E (2013, September 17). Healthline. Is Low Testosterone Causing My Depression?**

**, Retrieved from** <http://www.healthline.com/health-slideshow/low-testosterone-causes>

**Adelson, R (2005, January). American Psychological Association. Hard-hitting hormones: The stress-depression link, Retrieved from** <http://www.apa.org/monitor/jan05/hormones.aspx>

**Adelson, R (2012, Jane). PMB** [**US National Library of Medicine**](http://www.nlm.nih.gov/)

[**National Institutes of Health**](http://www.nih.gov/)**. Partial Androgen Deficiency, Depression, and Testosterone Supplementation in Aging Men, Retrieved from** <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3376477/>

**Nichols, H (2015, September 21). MNT. The top 10 leading causes of death in the US**

**, Retrieved from** <http://www.medicalnewstoday.com/articles/282929.php?page=3#suicide>

**(n.d.). Suicide.org. Suicide Statistics, Retrieved from** <http://www.suicide.org/suicide-statistics.html>

Men are almost four times more likely than women to die by suicide. From the medical news today.com, on 2008-2009 there are 32,055 males committed suicide while there are only 9,094 females that committed suicide. Paul is a male as his nature factor. That leads him to depress and commit suicide. Men has a Testosterone. Testosterone is the male sex hormone and is responsible for many development in men’s body. Low testosterone is causes health problems and may even negatively impact the psychology. For the example, low energy, poor sex drive, poor mood, irritability and difficulty sleeping, all symptoms that lead to depression. This is why men can has a depression more than woman including Paul. Testosterone be low because of hypogonadism. Primary hypogonadism is a problem with your testicles, the organs that produce testosterone. Secondary hypogonadism include cancer treatments, mumps, higher than normal levels of iron in the blood. According to a 2012 issue of the*International Journal of Endocrinology*, there is a connection between low Testosterone levels and a reduced feeling of well-being, with unusual anxiety and irritability, nervousness, mood swings, and a depressive state. Age also a factor which causes the low Testosterone too. More age can cause lower Testosterone level. According to the U.S. suicide statistics from 1990-2001, 75-84 aged males have the most amount of committed suicide. That is how hormone can cause a depression because of a man nature.

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 **3. Bipolar Disorder can lead to Suicidal**

**(n.d.). Bipolar Disorder in Adults. National Institute of Mental Health,**

**Retrieved from** <http://www.nimh.nih.gov/health/publications/bipolar-disorder-in-adults/index.shtml>

**(2014, August 4).Bipolar disorder. NHS choices, Retrieved from** <http://www.nhs.uk/Conditions/Bipolar-disorder/Pages/Introduction.aspx>

Bipolar disorder, also known as manic-depressive illness, is a brain disorder that causes unusual shifts in mood, energy, activity levels, and the ability to carry out daily tasks. Symptoms of bipolar disorder can be severe. They are different from the normal ups and downs that everyone goes through from time to time. Bipolar disorder symptoms can result in damaged relationships, poor job or school performance, and even suicide. But bipolar disorder can be treated, and people with this illness can lead full and productive lives.

* Fact about well-know people who are suicide by any nature cause.

as stated in treatmentadvocacycenter.org ,started at 18 years old millions of americans are untreated with this condition that they have. with this disease can cause change mind or mood swings, and depression which leds to affect people’s life,feelings, and also behaviours. people with bipolar disorder mostly consult with three to four doctors and spend more than eight years to seeking the treatment before they received the right diagnosis. The common symptoms of this diseases are talking fast that person can’t follow, doing weird things that normal people doesn’t do. but they is one things that is really important that the disease could not be cure.

 **(2014, August 4). Bipolar Disorder - Fact Sheet. T**[**reatment Advocacy Center**](http://www.treatmentadvocacycenter.org/resources/briefing-papers-and-fact-sheets/159/463)**, Retrieved from as** <http://www.treatmentadvocacycenter.org/resources/briefing-papers-and-fact-sheets/159/463>

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**4. Summarize**

[Social anxiety disorder](http://www.webmd.com/anxiety-panic/tc/social-anxiety-disorder-topic-overview) or social phobia, is an [anxiety disorde](http://www.webmd.com/anxiety-panic/tc/social-anxiety-disorder-topic-overview)r in people who have an excessive and unreasonable fear of social situations. There are more 1.5 to 3 times for people whose parents have major symptom of being depressed to develop their depression than other people whose their parents are not.

Men have higher percentages of being died by suicide than women. According to the medical news today.com, on 2008-2009 there are 32,055 males committed suicide while there are only 9,094 females that committed suicide. Men have a Testosterone, a hormone that responds for men’s development. Having low testosterone may cause health problems which most of the time effect men’s psychology problems also. For the example, low energy, poor sex drive, poor mood, irritability and difficulty sleeping, all of these symptoms are the major causes that always lead to depression.

Bipolar disorder, manic-depressive illness or a brain disorder is the cause that impacts unusual management in mood, energy, activity levels, and the ability to carry out daily tasks. There are many time that patients who have Bipolar disorder symptoms, have negative relationships, poor job, low performance and even suicide.

**……………………………………..(Quote)..........................................................**

**Goal and expectation**

* Our goal is to prove that Paul gets depressed easily and always tries to commit suicide because of nature factors. First, If you have a parent or sibling that has a major depression, you will have more chance to be depressed more than other people that their parent have no depression. Second, he is a man and a man has more chance to depress more that a woman. Third, Social Anxiety disorder which runs in families can cause a depression.
* We expect that another would say that suicide is because of a nurture factors. For the example, a drug, depress, family violence, unemployment, or a person just want an attention from other people.

**Meaning of Suicide**

1. the intentional taking of one's own life.
2. a person who intentionally takes his or her own life.

http://dictionary.reference.com/browse/suicide

**Risk of Suicidal**

From American foundation for Suicide Prevention, Suicide Risk factors are characteristics or conditions that increase the chance that a person may try to take their life. The more risk factors, the higher the risk.

**(n.d.). Suicide Risk Factors. American foundation for Suicide Prevention,**

**Retrieved from** https://www.afsp.org/understanding-suicide/suicide-risk-factors

**DEBATE STATEMENT:**

**Prime minister: Pun-pun**

**Opening statement:**

* **Introduction**

Good morning, my name is Pun-Pun. I am the Prime minister for today debate topic, “Paul gets depressed easily and always tries to commit suicide.”

It is my pleasure to be a part of this significant debate. Today, November 16th, 2015, I would like to introduce you the causes of people who are being suicide and the reasons why they are suiciding their-self.

* **Meaning of Suicide**

According to the Webster Dictionary, suicide means The [act](http://www.webster-dictionary.org/definition/act) of [taking](http://www.webster-dictionary.org/definition/taking) one's own [life](http://www.webster-dictionary.org/definition/life) [voluntary](http://www.webster-dictionary.org/definition/voluntary) and [intentionally](http://www.webster-dictionary.org/definition/intentionally); [self-murder](http://www.webster-dictionary.org/definition/self-murder); [specificall](http://www.webster-dictionary.org/definition/specifically)y, law, the [felonious](http://www.webster-dictionary.org/definition/felonious) [killing](http://www.webster-dictionary.org/definition/killing) of one's [self](http://www.webster-dictionary.org/definition/self); the [deliberate](http://www.webster-dictionary.org/definition/deliberate) and [intentional](http://www.webster-dictionary.org/definition/intentional) [destruction](http://www.webster-dictionary.org/definition/destruction) of one's own [life](http://www.webster-dictionary.org/definition/life) by a [person](http://www.webster-dictionary.org/definition/person) of [years](http://www.webster-dictionary.org/definition/years) of [discretion](http://www.webster-dictionary.org/definition/discretion) and of [sound](http://www.webster-dictionary.org/definition/sound) [mind](http://www.webster-dictionary.org/definition/mind).

* **Risk of Suicide**

According to American foundation for Suicide Prevention, Suicide Risk factors are characteristics or conditions that increase the chance that a person may try to take their life. The more risk factors, the higher the risk.

* **Introduce and explain government debate goal.**

Our goal is to prove that Paul gets depressed easily and always tries to commit suicide because of nature factors. First, If you have a parent or sibling that has a major depression, you will have more chance to be depressed more than other people that their parent have no depression. Second, he is a man and a man has more chance to depress more that a woman. Third, Social Anxiety disorder which runs in families can cause a depression.

**Main point of argument:**

Nature is a cause of the depression and commit suicide.

**1. Social Anxiety disorder which runs in families can cause a major depression.**

[Social anxiety disorder](http://www.webmd.com/anxiety-panic/tc/social-anxiety-disorder-topic-overview), also called social phobia, is an [anxiety disorder](http://www.webmd.com/anxiety-panic/default.htm) in which a person has an excessive and unreasonable fear of social situations. Anxiety (intense nervousness) and self-consciousness arise from a fear of being closely watched, judged, and criticized by others.

**1.1 If you have a parent or sibling that has a major depression, you will have more chance to be depressed more than other people that their parent have no depression.**

We received gene from our parents including an illnesses. Every cell in the human body contains about 50,000 to 100,000 genes. Genes are located on chromosomes in the nucleus of each cell. If you have a parent or sibling that has had major depression, you may be 1.5 to 3 times more likely to develop the condition than those who do not have a close relative with the condition.

**Deputy prime minister: Intee**

**Rebut:**

**Main point of argument:**

**2. Men have more percentage of committed suicide than women because of the hormone.**

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**Second Deputy prime minister: Andrew**

**Rebut:**

**Main point of argument:**

**3. Bipolar Disorder can lead to Suicidal**

Bipolar disorder, also known as manic-depressive illness, is a brain disorder that causes unusual shifts in mood, energy, activity levels, and the ability to carry out daily tasks. Symptoms of bipolar disorder can be severe. They are different from the normal ups and downs that everyone goes through from time to time. Bipolar disorder symptoms can result in damaged relationships, poor job or school performance, and even suicide. But bipolar disorder can be treated, and people with this illness can lead full and productive lives.

**Government whip: Ting-Ting**

**Rebut:**

**Summarize:**

[Social anxiety disorder](http://www.webmd.com/anxiety-panic/tc/social-anxiety-disorder-topic-overview) or social phobia, is an [anxiety disorde](http://www.webmd.com/anxiety-panic/tc/social-anxiety-disorder-topic-overview)r in people who have an excessive and unreasonable fear of social situations. There are more 1.5 to 3 times for people whose parents have major symptom of being depressed to develop their depression than other people whose their parents are not.

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Bipolar disorder, manic-depressive illness or a brain disorder is the cause that impacts unusual management in mood, energy, activity levels, and the ability to carry out daily tasks. There are many time that patients who have Bipolar disorder symptoms, have negative relationships, poor job, low performance and even suicide.

**Closing statement:**

 **“Before this debate’s end, me as the government whip would like to say thank you to all everyone for being with us since the beginning of the debate which is including all of you, the opposition for debate with us to discuss and find the most affected causes that leading the death of people who are being suicide. Me as the agent of Intee, the prime minister and my team members, the members of government would like to give you our promise that we will try our best to make the best solution for decreasing number of people who died because of suicide, and to remind you our goal of doing this debate, is to prove that nature is the most dangerous cause that usually leading people death by being suicide. Thank you!!!”**